A Community-Based Parenting Model in the Sudbury and Manitoulin Districts

Triple P: Positive Parenting Program

CAMH’s Health Promotion Resource Centre and Parent Action on Drugs – Family-Based Approaches Webinar

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Background

• Project of the Student Support Leadership Initiative (SSLI)

• Literature review of parenting programs – 2009-2010

• 32 partners from education, health and social services sectors

• Community wide training – Spring 2010
Implementation Process

1. Build a partnership network
   - Build buy-in, relationships are everything!
   - Secure commitments and create common vision

2. Establish governance
   - Establish an executive-level governing body
   - Create steering committee and sub-committee, as needed

3. Training & Resources
   - Funding and coordination
Implementation Process

4. Comprehensive service delivery system and maintenance plan – together and internally
   - Effective model of delivery
   - Internal buy-in and organization

5. Access and referral process
   - Centralized referral system (https://triplep.mysudbury.ca)

6. Promotion across the district
   - Launch and ongoing promotion
   - Promotion of seminars and groups
   - Triple P Ontario (www.triplepontario.ca)
Benefits of a Community Parenting Model

1. Integrated, seamless approach to parenting across the district areas
2. Consistent parenting messaging
3. Shared vision and goals
4. Strengthened partnerships
5. Increased knowledge of available community services
6. Ownership and buy-in from both agencies and community members
7. Peer support
8. Reduction in service gaps and ability to address parenting needs
9. Prevention of behavioural and emotional problems in children
Why Triple P and Not Another Program

• Positive parenting skill development program
• Population-wide system of coordinated, multi-level programs
• Tiered continuum-interventions of increasing intensity
• Range of delivery options (seminars, consultations, individualized or group)
• Continuity of principles and strategies across intensity levels and practitioners
QUESTIONS?

Thank you/Merci

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